

NHS Ocean Virtual Launch



16 September 2021
13:00-15:30

**CONTINUING
PROFESSIONAL
DEVELOPMENT**

CPD points applied for through the Royal College of Physicians

About the NHS Ocean

[NHS Ocean](#) aims to conserve and protect coastal and marine ecosystems through minimising harm resulting from the procurement and delivery of healthcare whilst increasing awareness of the benefits to human health and wellbeing from sustainable interactions with healthy seas, coasts, and waterways. We will do this through promoting individual and community actions and advancing the education of healthcare and public health professionals and the public on the interdependence between human and oceanic health and collaboration, encouraging engagement with research institutions, environmental organisations and communities.

NHS Ocean Virtual Launch

Join the [NHS Ocean Launch](#) event to learn about the impacts of the healthcare sector on both the ocean and human health. *Hear* first-hand accounts from individuals and communities involved in positive action to help conserve and enjoy the health and wellbeing benefits and sustainable interactions with the Ocean. *Engage* with others in NHS Ocean to enable positive and sustainable change.

For information about the programme, speakers and to book your place, please visit [NHS Ocean Launch](#).

Programme at a glance

Welcome, introductions and framing the launch

13:00-13:30

13:00-13:05

Setting the scene

Professor Lora Fleming, Director of the European Centre for Environment and Human Health, University of Exeter.

13:05-13:20

In conversation

Professor Lora Fleming speaks with **Dr Richard Hixson**, Consultant in Critical Care County Durham and Darlington NHS Foundation Trust and co-founder of NHS Ocean, and **Dr Georgina Sowman**, GP North East England and PHE Physical Activity Clinical Champion NE and co-founder of NHS Ocean.

13:20-13:30

NHS Sustainability and Net Zero

Dr Nick Watts, NHS Chief Sustainability Officer.

Interactive panels 13:30-15:15

13:30-14:00 Panel 1 –

The big picture: Procurement, biotechnology, blue carbon

- **Procurement, container shipping and oceanic harm – Dr Richard Hixson**, Consultant in Critical Care County Durham and Darlington NHS Foundation Trust and co-founder of NHS Ocean.
- **Supplier engagement – Nicki Dill**, Chair of Barema.
- **Revolution ZERO: circular economy and reusable PPE – Dr Tom Dawson**, concept founder of Revolution ZERO and co-founder Rutherford Research Limited.
- **Marine biotechnology – Dr Timothy Bouley**, CEO and co-founder BIOFEYN.
- **Blue carbon – Professor Nicky Beaumont**, Plymouth Marine Laboratory.

14:00-14:30 Panel 2 – The individual and the community

- **General Practitioner and NHS Ocean co-founder – Dr Georgie Sowman**, GP North East England and PHE Physical Activity Clinical Champion NE.
- **General practitioner and Founder of Greener Practice – Dr Aarti Bansal**, Clinical Teacher at Sheffield Medical School and NIHR in-Practice Fellow at Hull York Medical School.
- **Blue Care – Dr Easkey Britton**, International Surfer, Marine Social Scientist at the National University of Ireland Galway and Founding Member of Ocean Collectiv.
- **Oceans and Human Health Chair – Dr Josep Lloret Romañach**, University of Girona, Catalonia, Spain.
- **Additional speaker tbc**

Tea/Coffee Break 14:30-14:40

Breakout rooms – from knowledge to action 14:40-15:05

Focus is to draw on participants' experience, guided by a facilitator, to identify at least one action to commit to/drive forward.

Fostering a trans-sector collaborative network 15:05-15:20

Dr Richard Hixson and Dr Georgie Sowman will bring together the committed actions from the previous session.

Close of meeting 15:20-15:30

Professor Michael Depledge CBE, Non-Executive Director of Eden Project International Ltd, will summarise the vision of NHS Ocean going forward.

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