



Location

The European Centre for Environment & Human Health is located in the Knowledge Spa at the Royal Cornwall Hospital (Treliske), on the outskirts of Truro. The Knowledge Spa is on the edge of the main hospital site, close to the roundabout on the main road. The main Knowledge Spa reception desk is accessed through the main doors in the centre of the building, facing the hospital car park.

From Truro train station

Walk/cycle - 25-30 mins walk, 10-15min cycle. Turn right out of the station, walk up the hill, go right at the roundabout and follow the main road along to the hospital entrance.

Taxi - To Knowledge Spa at Treliske. ~10 mins, approx £6.

Bus - From the main station entrance, cross the road to the bus stop. Most buses coming past the station here stop either within the hospital (Trelawny Wing main entrance) or at the layby on the main road just outside the hospital. Regular buses stopping at the layby include 18; those stopping within the hospital include 583, 587, 85, 88.

Driving Directions

Coming from the east, drive down the A30, but don't take the A39 signed into Truro. Turn off the A30 at Chiverton Cross roundabout, onto the A390 signed to Truro. Follow for approx 2 miles, past Truro college, then at the next roundabout turn left into the hospital.

Parking

There are a limited number of ECEHH visitor parking spaces – permits need to be reserved in advance. There is a paid car park at the hospital, but it's expensive and gets busy.

It's very easy to use the park and ride, on the A390, before you reach Truro College from the A30. The P&R bus goes about every 10mins, and the bus comes through the hospital on the way into town or you can use the P&R Treliske shuttle that just comes to the hospital.